

ACCUSPLIT AX2720MV Accelerometer Pedometer INSTRUCTIONS

Congratulations on taking the first step to wellness with your purchase of an ACCUSPLIT Accelerometer pedometer. It's easy to set up your new pedometer. Just follow the steps below, and start walking!



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Eat Right! Walk More! Live Well!
The ACCUSPLIT Lifestyle

213-1709

FUNCTIONS

- Accurate Step Count at every angle of Tilt at your waist.
- Automatic Activity Timer for Step Activity, up to 100 Hours to One Second
- Certified Accurate
- 5 second Display Accuracy Filter prevents recording false steps
- Automatic Moderate/Vigorous (MV) STEP Activity Timer up to 100 Hours to 1 Second with Adjustable MV Step Rate from 100 to 110 (power up setting) to 120 to 130

FEATURES

- AX2720MV Our New low power accelerometer with PedometerEngine™TW20
- 2 New features help keep power consumption low:
Hibernate Mode: From factory to user
Sleep Mode: After 5 minutes of no activity
- Over 5 year battery power-an unheard of feature in pedometers with accelerometer sensors
- Magnum display digits for easy viewing
- ACCUSPLIT's 5-Year Dual, No Proof AND Proof of Purchase Limited Warranty

POWER UP and DISPLAY ON

Power UP the display, initially, from its battery saving, factory set, "hibernate mode", by pressing a button for a second, until you see the display digits, then release the button. Turn ON the display, from its battery saving "sleep mode" (which it enters after 5 minutes of no STEP counting) by moving your pedometer.

DISPLAY MODES

STEPS: STEP mode shows your step count since last reset, up to 1,000,000 steps.

MV: Moderate/vigorous Activity Time to 100 Hours. The Timer runs automatically whenever STEPS are being recorded at or above the Steps/Min Rate selected, 100, 110 (default power on setting), 120, or 130.

⌚: Total Activity Time shows total activity time in Hours, Minutes and Seconds since last reset, up to 100 Hours.

VIEWING YOUR RESULTS

Once you put on your pedometer, it will automatically begin to record your steps, and activity time. Repeatedly press the MODE button to cycle through the pedometer modes: STEP → MV Activity Timer → Total Activity Timer

5-Second STEP DELAY FILTER

ACCUSPLIT has added a "4-second step delay filter" to reduce the counting of "false steps". When beginning walking, the display will not show any "tallying of new steps," until after 4 seconds of walking. Then, all the STEPS will be added to the display and new STEPS continue to be counted and displayed.

RESETTING YOUR Pedometer

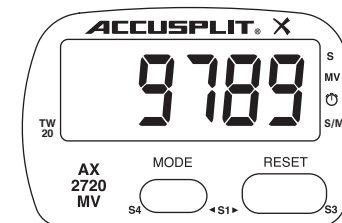
Most people prefer to reset step counts daily. To reset: press and hold the white RESET button for at least 2 seconds.

REPLACING THE BATTERY

When the display starts to dim or goes blank, it is time to replace the battery. Your pedometer uses one Type CR2032 3volt battery.

To replace:

1. Insert and twist coin in slot at hinge to carefully remove cover
2. Push the old battery past the case edge & remove
3. Replace with fresh battery
4. Carefully replace the cover at the top edge first, then snap bottom edge into place, Checking that all four sides are closed tightly.



SELECTING MV STEP RATE

- S1 - Push both buttons at same time to enter SET Mode
- S3 - Push S3 repeatedly until the desired Steps/Minute (S/Min) MV Rate is selected.
- S4 - Push S4 to exit SET Mode, or wait 5 seconds

WEARING YOUR Pedometer

Gently slide the pedometer onto your belt or the top edge of your pants or skirt. It should fit snugly and level, above one knee. The strong polycarbonate clip makes it easy.

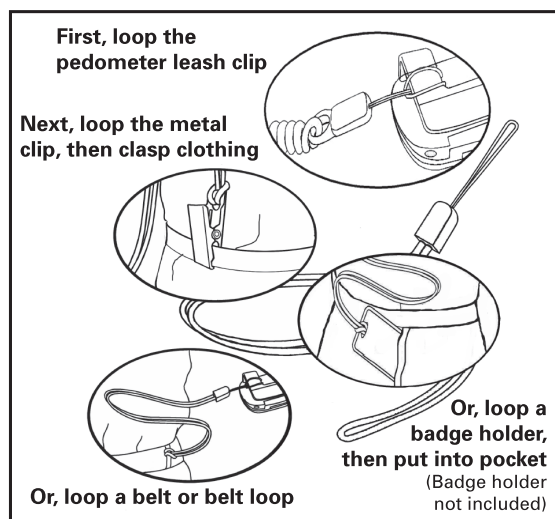
Note: Your accelerometer pedometer no longer needs to be as vertical as possible.

The cover should be closed to minimize objects hitting your pedometer. To avoid losing or dropping your pedometer, use the included leash and clip to fasten the pedometer securely to your clothing.

ATTACHING THE LEASH

Attach the pedometer to the leash by looping the leash through the pedometer clip. Next, loop the leash through the metal clip, then clasp the waistband of your clothing with the pedometer belt clip.

Note: You can also use a safety pin to fasten the leash to your clothing, loop the leash through your belt or belt loop, or use a badge holder.



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